

Hammond Hall

Illinois Veterans Home at Quincy



Activity Guide

August, 2026

Activities subject to change

Activity Staff at Hammond:

Whittany Flambeau, Activity Aide

Mia Meacher, Activity Therapist

Saturday August 1/ Sunday August 2	Monday August 3	Tuesday August 4
<i>Saturday:</i> <i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> Please put channel 2 on in the morning. Chuck—10am	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise —CG 10:30 Pretty in Pink 11:00 Lunch outing (weather permitting) - Space limited, please sign up with activity staff 3:30 Cards on Asten 6:00 Cards with Whit	<i>Morning Welcome & Write on Boards</i> Nichelle Hairdresser Here 11:30-2:30 9:00 Walmart (weather permitting) - Space limited, please sign up with activity staff 11:00 Catholic Communion Services 2:30 Monthly Birthday Party



CA— Camp Asten **CG**— Camp Gage **FA** - Fort Allen **FM**— Murphy **FS** - Fort Shapland **LL**—Lower Level Activity Room

Wednesday August 5	Thursday August 6	Friday August 7
<i>Morning Welcome & Write on Board</i> 9:00 Watering Flowers on the Patio 10:00 Music with Tim—FS 11:00 Community Meeting/Food Committee —FS 2:00 Bingo with Margie 6:00 Facetime and Tech	<i>Morning Welcome & Write on Board Gage Haircuts with the Barber</i> 9:45 Exercise OR GOLFCART RIDES—CG 11:00 Games—FM 2:00 Golf Cart Rides—weather per- mitting	<i>Morning Welcome & Write on Board</i> Enjoy the patio and the garden. Pick a tomato or smell the herbs! Grab a DVD, CD, or book from our library. Grab a game or an activity from the activity center on asten.



Saturday August 8/ Sunday August 9	Monday August 10	Tuesday August 11
<i>Morning Welcome & Write on Boards</i> <i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> <i>Sunday:</i> <i>3:00 Worship with Dave</i> Please put channel 2 on in the morning. Dave—9am Chuck—10am	<i>Morning Welcome & Write on Boards</i> Morning visits & Patio Visits 9:45 Exercise—CG 11:00 Trivia—Shapland 2:00 Movies and Snacks on Asten	<i>Morning Welcome & Write on Boards</i> Activity Staff out of Building 11:00 Catholic Communion Services 3:30 TV Bingo

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**AUGUST IS THE SLOW, GENTLE
MONTH THAT STRETCHES OUT THE
LONGEST ACROSS THE SPAN OF A
YEAR. IT YAWNS AND LINGERS ON
WITH THE LIGHT IN ITS PALMS.**

– VICTORIA ERICKSON

Wednesday August 12	Thursday August 13	Friday August 14
<i>Morning Welcome & Write on Boards</i> 9:45 Exercise —CG 10:30 Pretty in Pink 11:30 Table Games— FM 2:30 Blackjack on Shapland	<i>Morning Welcome & Write on Boards Haircuts on Asten</i> Spend the morning on the patio—enjoy the flowers, herbs, and plants. Grab a book from the library! Borrow a DVD 11:30 1:1 visits—FM/FS 2:00 Golfcart Rides weather permitting!	<i>Morning Welcome & Write on Boards</i> Nichelle Here 8:30-11:30 9:45 Exercise—CG 11:00 Sensory and 1:1 visits on the units 2:30 Trivia and Current events—First Floor



Saturday August 15/ Sunday August 16	Monday August 17	Tuesday August 18
<i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> <i>Sunday:</i> 3:00 worship with Dave Please put channel 2 on in the morning. Dave—9am Chuck—10am	<i>Morning Welcome & Write on Boards</i> <i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i>	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise and trivia—Fort Shapland 11:00 Catholic Communion 11:00 Wii Bowling—CA 2:30 Sno Cones 3:30 TV Bingo

DID YOU KNOW?



Dignity, fame and protection are considered ancient properties for the August Birthstone Peridot. The Peridot is also used to increase prosperity, growth, and openness. Peridot is told to have the ability to bring healing and vitality to the whole body. It said to increase patience, confidence and assertiveness.

MARGARET MATSON
Fine Jewelry

Wednesday August 19	Thursday August 20	Friday August 21
<i>Morning Welcome & Write on Boards</i> 8:30 Morning visits & Patio Visits 10:00 Music with Tim 11:00 Sensory and 1:1 visits 2:00 Movie on Asten	<i>Morning Welcome & Write on Boards Haircuts on Allen and Murphy</i> 9:45 Trivia—CG 10:30 Pretty in pink 2:00 Bingo with Margie—FS 3:00 Outing (weather permitting) - Space limited, please sign up with activity staff	<i>Morning Welcome & Write on Boards</i> 9:15 Exercise—CG 10:00 Pet Therapy—throughout building 2:30 Blackjack on Asten



Saturday August 22/ Sunday August 23	Monday August 24	Tuesday August 25
<i>Morning Welcome & Write on Board</i> <i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> <i>Sunday:</i> 2:00 Bingo on CA 3:00 worship with Dave Please put channel 2 on in the morning. Dave—9am Chuck—10am	<i>Morning Welcome & Write on Board</i> 9:45 Exercise —CG 10:30 Pretty in Pink Afternoon: Tuskegee Airmen (weather per- mitting) - Space limited, please sign up with activity staff 6:00 Cards with Whit	<i>Morning Welcome & Write on Board</i> 9:45 Exercise and trivia —CG 11:00 Catholic Communion 11:00 Wii Bowling 2:00 Sno Cones 3:30 Bingo—Channel 2

What song makes you want to
DANCE!?



Wednesday August 26	Thursday August 27	Friday August 28
<i>Morning Welcome & Write on Boards</i> 9:45 Exercise—CG 10:30 Trivia—S 11:00 Sensory and 1:1 2:30 Bingo—FS 6:00 Facetime with Whit	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise and Trivia—CG 11:00 Lunch outing (weather permitting) - Space limited, please sign up with activity staff 2:00 Golf Cart Rides (weather permitting) - Space limited, please sign up with activity staff	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise and trivia —CG 11:30 Sensory and 1:1 visits 2:00 Movie on Asten



Saturday August 29/ Sunday, August 30	Monday August 31	
<i>Morning Welcome & Write on Board</i> <i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i>	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise—CG 10:30 Pretty in Pink 2:30 Bingo—FS	Folklore for the Season • As August, so February. • Observe on what day in August the first heavy fog occurs, and expect a hard frost on the same day in October. • If the first week of August is unusually warm, The winter will be white and long. • So many August fogs, so many winter mists. When it rains in August, It raises honey and wine.

