

Hammond Hall

Illinois Veterans Home at Quincy



Activity Guide

September, 2026

Activities subject to change

Activity Staff at Hammond:

Whittany Flambeau, Activity Aide

Mia Meacher, Activity Therapist

**Tuesday
September 1**

Haircuts with Nichelle

Ladies appointments 8:30

Murphy & Shapland to follow

9:45

Exercise—Shapland

11:00

Catholic Communion

2:00

Snacks patio

3:30

Bingo—Channel 2

“

"You'll never do a whole lot
unless you're brave enough to
try."

Dolly Parton

musicalmum.com



CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

Wednesday September 2	Thursday September 3	Friday September 4
<i>Morning Welcome & Write on Board Patio Time and Water the Garden</i> 10:00 Music with Tim—FS 11:00 Community Meeting — Shapland 2:00 Bingo! 6:00 Wii Bowling—CA	<i>Morning Welcome & Write on Board Patio Time and Water the Garden</i> 9:45 Exercise – CG OR Golf carts—weather permitting 2:00 Golf Carts (weather permitting— space limited sign up please!)	<i>Morning Welcome & Write on Board Patio Time and Water the Garden</i> 10:00 RAC meeting - Webex on Camp Gage 2:00 Movie—FS



CA— Camp Asten CG— Camp Gage FA - Fort Allen FM— Murphy FS - Fort Shapland LL—Lower Level Activity Room

Saturday September 5/ Sunday September 6	Monday September 7	Tuesday September 8
<i>Morning Welcome & Write on Boards</i> <i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> Sunday: 3:00 Worship with Dave Please put channel 2 on in the morning. Dave—9am Father Chuck Mass—10am	<i>Morning Welcome & Write on Boards</i> <i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> 	<u><i>Haircuts with Nichelle</i></u> <i>Ladies appointments 8:30 Asten to follow</i> 9:45 Exercise—FS 11:00 1:1 visits / Catholic Communion 2:30 Patio Time 3:30 Bingo Channel 2


 BY ALL THESE
lovely tokens
 SEPTEMBER
days are here,
 WITH SUMMER'S BEST
of weather
 AND AUTUMN'S
best of cheer.

 helen hunt jackson

CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

Wednesday September 9	Thursday September 10	Friday September 11
<i>Morning Welcome & Write on Boards</i> 9:45 Exercise—CG 11:15 One on one visits 2:00 Bingo with Margie—FS 6:00 Wii Bowling—CA	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise – CG OR Golf carts—weather permitting 2:00 Golf Carts (weather permitting— space limited sign up please!)	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise –CG 10:30 Patriots Day Picnic— See activity staff



Saturday September 12/ Sunday September 13	Monday September 14	Tuesday September 15
<i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> Sunday: Endless Summer Car Show Please put channel 2 on in the morning. Dave—9am Chuck—10 am	Morning Welcome & Write on Boards 9:45 Exercise —CG 10:45 Pretty in Pink 11:30 1:1 visits Afternoon Van Rides 6:00 Cards	<u>Haircuts with Nichelle</u> <i>Ladies appointments 8:30</i> <u>Gage</u> to follow 9:45 Exercise and Trivia— Shapland 11:00 Catholic Communion 2:30 Monthly Birthday Party 3:30 Channel 2 Bingo



CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

Wednesday September 16	Thursday September 17	Friday September 18
<i>Morning Welcome & Write on Boards</i> 9:00 Outdoor time—FM & FS 10:00 Music with Tim—FS 1:30 Walmart Trip—Space limited, please sign up with staff 6:00 Wii Bowling	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise – CG OR Golf carts—weather permitting 2:00 Golf Carts (weather permitting— space limited sign up please!) 6:15 Landsome Family Bingo	<i>Morning Welcome & Write on Boards</i> 9:15 Exercise —CG 10:00 Pet Therapy 1:30 Volunteer Voices—FS 3:30 One on one visits



CA— Camp Asten CG— Camp Gage FA - Fort Allen FM— Murphy FS - Fort Shapland LL—Lower Level Activity Room

Saturday September 19/ Sunday September 20	Monday September 21	Tuesday September 22
<i>Morning Welcome & Write on Board</i> <i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> <i>Sunday:</i> 2:00 Bingo 3:00 Worship with Dave Please put channel 2 on in the morning. Dave—9am Chuck—10am	<i>Morning Welcome & Write on Board</i> 10:00 State of IL VFW aux bingo—FS 2:00 Van Rides—Apple Orchard or scenic Ride (space limited—please sign up) 6:00 Cards	<i>Haircuts with Nichelle</i> <i>Ladies appointments 8:30</i> <u><i>Allen</i></u> to follow 9:45 Exercise and Trivia—FS 11:00 Catholic Communion 2:00 Pretty in Pink 3:30 Bingo—Channel 2

happy
 fall
y'all ♥

CA— Camp Asten CG— Camp Gage FA - Fort Allen FM— Murphy FS - Fort Shapland LL—Lower Level Activity Room

Wednesday September 23	Thursday September 24	Friday September 25
<i>Morning Welcome & Write on Boards</i> 9am—3pm Mark Twain Casino Trip— Please sign up with activity staff, space is limited! 6:00 Wii Bowling	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise – CG OR Golf carts—weather permitting 2:00 Golf Carts (weather permitting— space limited sign up please!)	<i>Morning Welcome & Write on Boards</i> Morning: Outdoor time 9:45 Exercise—CG 11:00 Trivia—FA 2:30 Blackjack Table—FS



Saturday September 26/ Sunday September 27	Monday September 28	Tuesday September 29
<i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i> Sunday: 2:00 Games 3:00 Worship with Dave Please put channel 2 on in the morning. Dave—9am Chuck—10am	<i>Morning Welcome & Write on Boards</i> 9:45 Exercise and trivia—CG 11:30 Lunch Outing—space is limited, please sign up with activity staff 6:00 Card Games	<i>Haircuts with Nichelle</i> <i>Ladies appointments 8:30</i> <u><i>Makeups</i></u> to follow 9:45 Exercise and Games—FS 11:00 Catholic Communion—FS 2:30 Pretty in Pink 3:30 Channel 2 Bingo



APPLE MONTH

**Wednesday
September 30**

***Morning Welcome &
Write on Boards***

9:45

Exercise—CG

11:15

One on one visits

2:00

Bingo —FS

6:00

Wii Bowling—CA

What movie is this from:

**"My mama always said life was like a
box of chocolates. You never know
what you're gonna get."**

**Answer:
Forrest Gump**

Who am I?

- ♦ I had 11 siblings
- ♦ I was married for nearly 60 years
- ♦ I have an amusement park named after me
- ♦ I funded an imagination library for children
- ♦ I owned more than 100 wigs
- ♦ I was dubbed the Queen of Country
- ♦ I was born into poverty in Tennessee
- ♦ I released 49 albums and more than 3,000 songs

**Answer:
Dolly Parton**

**"We cannot direct the wind,
but we can adjust the sails."**

Dolly Parton

