

# Hammond Hall

Illinois Veterans Home at Quincy



## Activity Guide

September, 2022

*Activities subject to change*

Activity Staff at Hammond:

Whittany Flambeau, Activity Aide


Kathy Bernard, Activity Aide

Vicky Zanger, Activity Aide

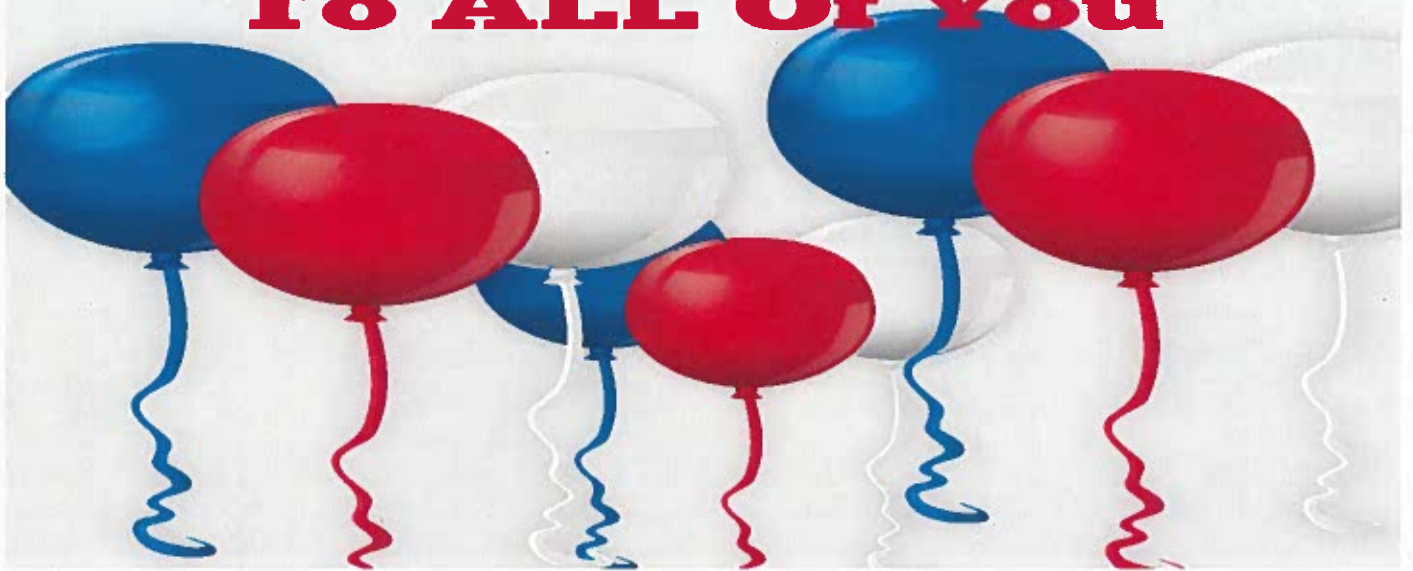
Mia Meacher, Activity Therapist

	<p align="center"><b>Thursday September 1st</b></p>	<p align="center"><b>Friday September 2nd</b></p>
	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p align="center"><b>8:30 Morning Visits</b></p> <p align="center"><b>9:30 Exercise W/ Lorri -CA</b></p> <p align="center"><u><i>Chit Chat W/ Coffee</i></u>  <b>10:00 FA</b>  <b>10:45 FS/FM</b></p> <p align="center"><b>11:00 Daily Announcements</b>  <b>11:30 Smoothies—CA</b></p> <p align="center"><u><i>Table Games</i></u>  <b>1:45 CA</b>  <b>2:30 FA</b></p> <p align="center"><u><i>1:1s</i></u>  <b>3:30 CG</b>  <b>3:45 FM</b>  <b>4:00 FS</b></p> <p align="center"><b>6:00- Fun W/ Whit</b></p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p align="center"><b>8:30 Morning Visits</b></p> <p align="center"><u><b>Exercise</b></u>  <b>9:30 W/Lori—CA</b>  <b>10.00 W/ Michelle -FA</b></p> <p align="center"><u><b>Physical Game</b></u>  <b>10:00 CG</b>  <b>10:45 FS/FM</b></p> <p align="center"><u><b>Fun W/ Vikki</b></u>  <b>1:45 FA</b>  <b>2:30 FS/FM</b>  <b>3:15 CG</b></p> <p align="center"><b>4:00 1:1s CA</b></p>



<p align="center"><b>Saturday September 3rd / Sunday September 4th</b></p>	<p align="center"><b>Monday September 5th</b></p>	<p align="center"><b>Tuesday September 6th</b></p>
<p><i>Saturday:</i></p> <p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday</i>  <i>Whit here 11-4</i></p> <p>Chaplain Dave : 9am                      Father Edgar: 10 am</p> <p>Please put channel 2 on in the morning for worship services.</p>	 <p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p>Exercise W/ Lorri-CA</p> <p align="center"><u>Trivia</u>                      10:00 FA                      10:45 CG</p> <p>11:00 Daily Announcements</p> <p align="center"><u>1:1s</u>                      11:30 FM                      11:45 CG</p> <p>1:45 Ladies Hour                      3:00 Tuesdays W/Troy                      3:30 Tv Bingo                      6:00 Fun W/ Whit</p>

# Happy Labor Day To ALL Of You




<p><b>Wednesday September 7th</b></p>	<p><b>Thursday September 8th</b></p>	<p><b>Friday September 9th</b></p>
<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>8:30 Morning Visits</b></p> <p><u>Exercise</u>  <b>9:30 W/ Lorri - CA</b>  <b>10:00 W/ Michelle -FA</b></p> <p><u>Physical Game</u>  <b>10:00 CG</b>  <b>10:45 FS/FM</b></p> <p><b>11:00 Daily Announcements</b></p> <p><b>11:30 Community Meeting - channel 2</b></p> <p><b>Afternoon Golf Cart Rides</b></p> <p><b>6:00—Fun W/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>8:30 Morning Visit</b></p> <p><b>9:30 Exercise W/ Lorri—CA</b></p> <p><u>Current Events</u>  <b>10:00 FA</b>  <b>10:45 CA</b></p> <p><b>11:00 Daily Announcements</b>  <b>11:30—Smoothies—CG</b></p> <p><u>Table Games</u>  <b>1:45 FA &amp; CA</b>  <b>3:00 FM/FS &amp; CG</b></p> <p><b>6:00 Fun w/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>8:30 Morning Visits</b></p> <p><u>Exercise</u>  <b>9:30 W/ Lorri—CA</b>  <b>10:00 W/ Michelle -FA</b></p> <p><i>Morning Golf Cart Rides</i></p> <p><i>Afternoon Games W/ Kathy &amp; Vicky</i></p>



Saturday September 10th / Sunday September 11th	Monday September 12th	Tuesday September 13th
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday: Car Show—Main Campus</i></p> <p>Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am Father Edgar: 10 am</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p>Exercise 9:30 W/ Lorri—CA 10:00 W/ Michelle—FA</p> <p>Physical Games 10:00—FS/FM 10:45 CG</p> <p>11:00 Daily Announcements</p> <p>Afternoon Van Rides</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p>9:30 Exercise W/ Lorri—CA</p> <p><u>Trivia</u> 10:00 FA 10:45 CG 11:30 CA</p> <p>11:00 Daily Announcements</p> <p>11:30 1:1s—FM</p> <p>1:45 Ladies Hour</p> <p>Afternoon Fun</p> <p><u>3:30 Tv Bingo</u></p> <p><u>6:00 Fun W/ Whit</u></p>



<p><b>Wednesday September 14th</b></p>	<p><b>Thursday September 15th</b></p>	<p><b>Friday September 16th</b></p>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><i>* Haircuts on CG *</i></p> <p><b>8:30 Morning Visits</b></p> <p><b><u>Exercise</u></b>  <b>9:30 W/ Lorri—CA</b>  <b>10:00 W/ Michelle—FA</b></p> <p><b><u>Group Fun</u></b>  <b><u>10:00 CG</u></b>  <b><u>10:45 FS/FM</u></b></p> <p><b><u>11:00 Daily Announcements</u></b></p> <p><b><u>Afternoon Birthday Party</u></b></p>  <p><b>6:00 Fun W/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>8:30 Morning Visits</b></p> <p><b>Exercise W/ Lorri—CA</b></p> <p><b><u>Chit Chat W/ Coffee</u></b>  <b>10: 00 CG</b>  <b>10:45 FS/Fm</b></p> <p><b>11:00 Daily Announcements</b></p> <p><b>11:30 Smoothies— FA</b></p> <p><b><u>Craft Group</u></b>  <b>1:45—CA</b>  <b>2:30—CG</b>  <b>3:15 FA</b></p> <p><b>6:00 Fun W/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>8:30 Morning Visits</b></p> <p><b><u>Exercise</u></b>  <b>9:30 W/ Lorri—CA</b>  <b>10:00 W/ Michelle</b></p> <p><b>Morning Golf Cart Rides</b></p> <p><b>Afternoon Games W/ Kathy &amp; Vikki</b></p>

Saturday September 17th/ Sunday September 18th	Monday September 19th	Tuesday September 20th
<p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>SUNDAY :</b>!</p> <p>Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am                      Father Edgar: 10 am</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p><u>Exercise</u>                      9:30 W/ Lorri—CA                      10:00 W/ Michelle—FA                      10:30 W/ Activities - FM/FS                      11:00 W/ Activities —CG</p> <p>11:00 Daily Announcements</p> <p><u>Walk the Plank (Trivia)</u>                      1:45 - 1st Floor                      3:00 - 2nd Floor</p> <p>TALK LIKE                      A PIRATE DAY</p> 	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits                      9:30 Exercise W/ Lorri -CA</p> <p><u>Table Games</u>                      10:00 FA                      10:45 CA</p> <p>11:00 Daily Announcements</p> <p><u>1:1s</u>                      11:15 FM/FS                      11:30 CG</p> <p>1:45 Ladies Hour                      3:00 Tuesday W/ Troy                      3:30 Tv Bingo</p> <p>6:00 Fun W/ Whit</p>



<p><b>Wednesday September 21st</b></p>	<p><b>Thursday September 22nd</b></p>	<p><b>Friday September 23rd</b></p>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><i>*Haircuts On CA*</i></p> <p>8:30 Morning Visit</p> <p>Exercise 9:30 W/ Lorri—CA 10:00 W/ Michelle—FA</p> <p>Physical Game 10:00 CG 10:45 FM/FS</p> <p>11:00 Daily Announcements</p> <p>Decorating units for FALL</p> <p>Afternoon Golf Carts</p> <p>6:00 Fun W/ Whit</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p>Exercise W/ Lorri—Ca</p> <p><u>Current Events W/ Vikki</u> 10:00 FA 10:45 CA</p> <p><u>Fun W/ Kathy</u> 10:00 CG 10:45 FM/FS</p> <p>11:00 Daily Announcements</p> <p><u>End Of Summer Bash</u> 2:00 1st Floor Courtyard 3:00 2nd Floor Courtyard</p> <p>6:00 Fun W/ Whit</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>8:30 Morning Visits</p> <p><u>Exercise</u> 9:30 W/ Lorri—CA 10:00 W/ Michelle —FA</p> <p>Morning Golf Cart Rides</p> <p>2:00 Party to celebrate FIRST DAY OF FALL!</p> 





<b>Saturday September 24th / Sunday September 25th</b>	<b>Monday September 26th</b>	<b>Tuesday September 27th</b>
<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday: Whit here 11-7:30</i></p> <p>Please put channel 2 on in the morning for worship ser- vices.</p> <p>Chaplain Dave : 9am Father Edgar: 10 am</p>	<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p>8:30 Morning Visits</p> <p style="text-align: center;"><u>Exercise</u> 9:30 W/ Lorri -CA 10:00 W/ Michelle- FA</p> <p style="text-align: center;"><u>Physical Game</u> 10:00 CG 10:45 FS/FM</p> <p>11:00 Daily Announcements</p> <p>11:30 Courtyard FM/FS</p> <p>Afternoon Van Rides</p>	<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p>8:30 Morning Visits</p> <p>Exercise W/ Lorri -CA</p> <p style="text-align: center;"><u>Table Games</u> 10:00 FS/FM 10:45 CG</p> <p>11:00 Daily Announcements</p> <p style="text-align: center;"><u>1:1s</u> 11:00 FA 11:30 CA</p> <p>1:45 Ladies Hour</p> <p>3:00 Tv Bingo</p> <p>6:00 Fun W/ Whit</p>



CA- Camp Asten CG- Camp Gage FA - Fort Allen FM- Murphy FS - Fort Shapland LL—Lower Level Activity Room

<p><b>Wednesday September 28th</b></p>	<p><b>Thursday September 29th</b></p>	<p><b>Friday September 30th</b></p>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><i>* Haircuts on FA &amp; FM *</i></p> <p><b>8:30 Morning Visits</b></p> <p><u>Exercise</u>  <b>9:30 W/ Lorri—CA</b>  <b>10:00 W/ Michelle –FA</b></p> <p><u>Trivia</u>  <b>10:00 CG</b>  <b>10:30 FA</b>  <b>11:00 Fm/FS</b>  <b>11:30 CA</b></p> <p><b>11:00 Daily Announcements</b></p> <p><b>Afternoon Golf Cart Rides</b></p> <p><b>6:00 Fun W/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>8:30 Morning Visit</b></p> <p><b>9:30 Exercise W/ Lorri—CA</b></p> <p><b>10:00 Craft Group</b></p> <p><b>11:00 Daily Announcements</b></p> <p><b>11:30 Smoothies—FS/FM</b></p> <p><b>2:00 Craft Group</b></p> <p><b>6:00 Fun W/ Whit</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>8:30 Morning Visit</b></p> <p><u>Exercise</u>  <b>9:30 W/ Lorri - CA</b>  <b>10:00 W/ Michelle</b></p> <p><i>Morning Golf Cart Rides</i></p> <p><u>Bingo</u>  <b>2:00 1st Floor</b>  <b>3:00 2nd Floor</b></p>

